



child psh's

# 9nq600 H



*This handbook is designed to help you and your child feel more comfortable and confident about starting childcare. We recommend sitting down together and exploring each page at a relaxed pace.*

*Here are some ideas to help make the most of this resource:*

*Read Together: Go through each page with your child, taking time to read aloud or encourage them to explore the pictures and words.*

*Ask Questions: As you read, ask gentle questions like, "How do you feel about this?" or "What do you think you'll enjoy doing?" This helps your child express their thoughts and get familiar with new routines.*

*Check in on Feelings: Pause to talk about any feelings or questions that come up. Reassure them that it's okay to feel excited, nervous, or even a little unsure.*

*Use as a Reference: Revisit the handbook as often as needed, especially in the lead-up to starting care. This can help refresh your child's memory and boost their confidence.*

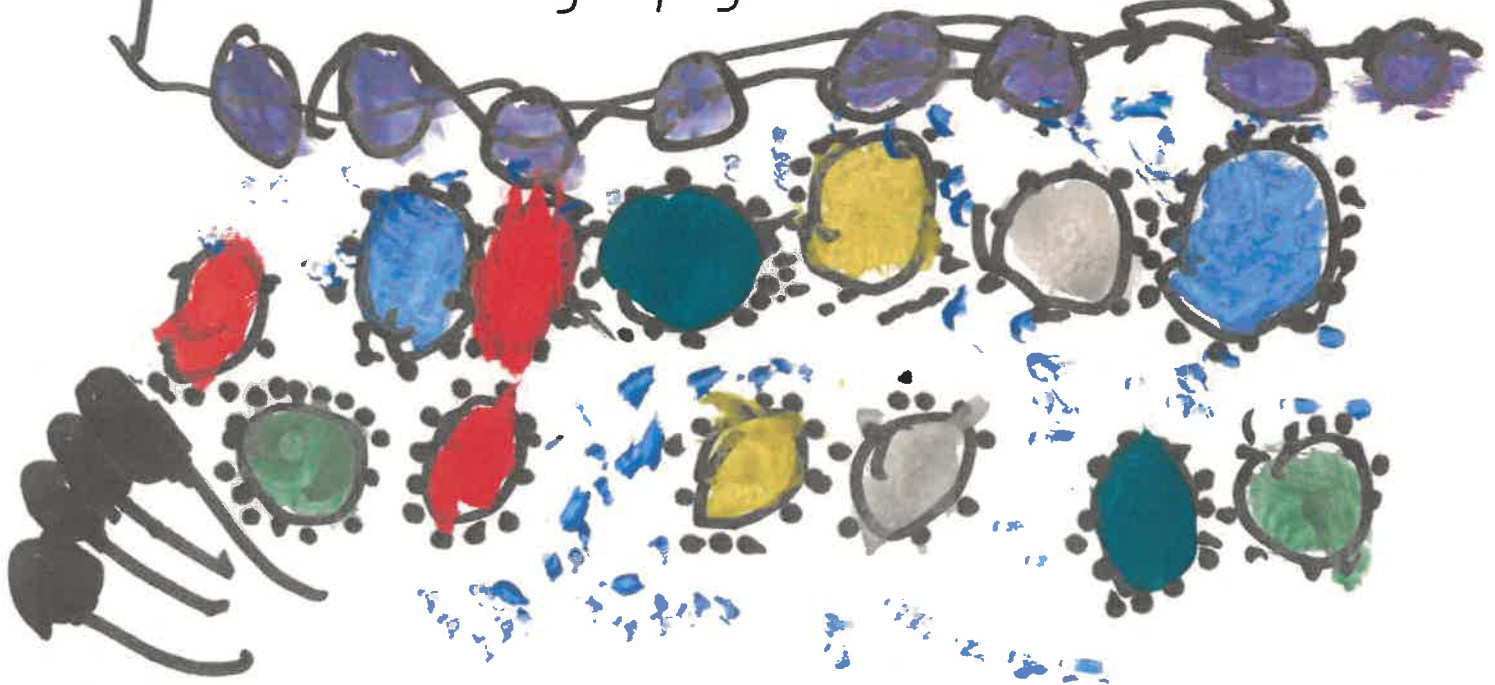
# Contents

- 1 Acknowledgement of Country
- 2 Welcome
- 3 Childcare Toolkit
- 4 Toys and Treasures
- 2 Rest and Relaxation
- 6 Celebrations and Values
- 7 Consent
- 8 Sun Safety
- 9 Bush Kindy/Excursions
- 10 Health and Wellbeing
- 11 Hazel
- 12 We are Bucket Fillers!
- 13 Children's Council
- 14 Goodbye Ritual
- 12 Child Complaint Process

# AL KNOW IEDGNEH + OF COUNTRY

We love our trees,  
We love our bees,  
We love to have fun  
Under the sun  
We love everyone  
Gamba Duru!

We would like to say thank you to the Gaibal,  
Jawowair and Western Wakka Wakka people for  
letting us play on their land.

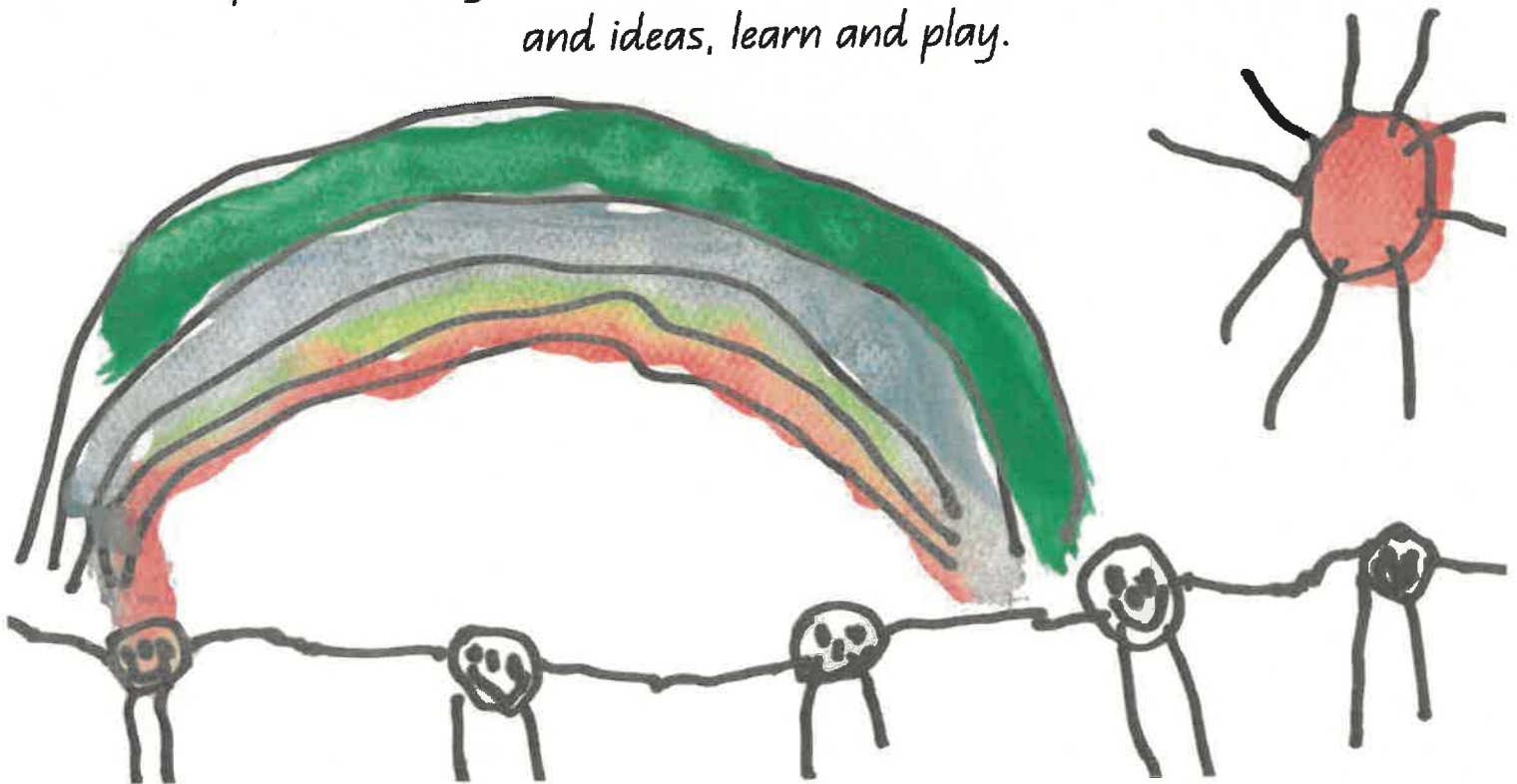


W E L C O M E

*Welcome to our centre!*

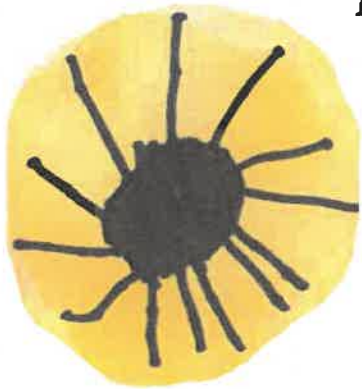
*We want our centre to be your home away from home while your grown-ups do important jobs like work, shopping, appointments, housework and more.*

*Our educators and teachers are looking forward to getting to know you and your family. They will provide a safe place where you can make friends, share your knowledge and ideas, learn and play.*

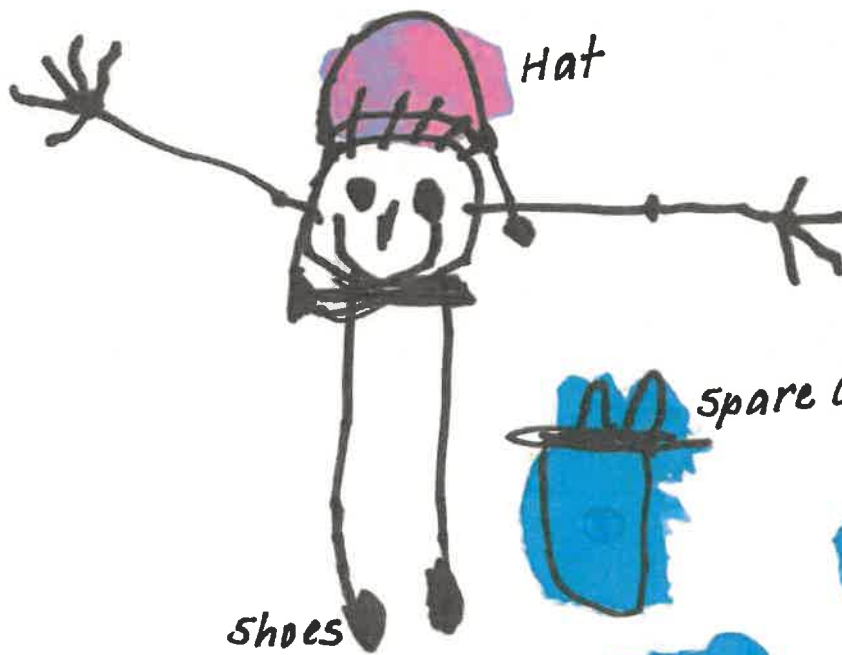


# Whitacre toolkit

Important tools you need to bring each day...



Water Bottle



Hat

Shoes



Sunscreen  
(optional)



Spare clothes



Lunch Box  
(optional)



School Bag

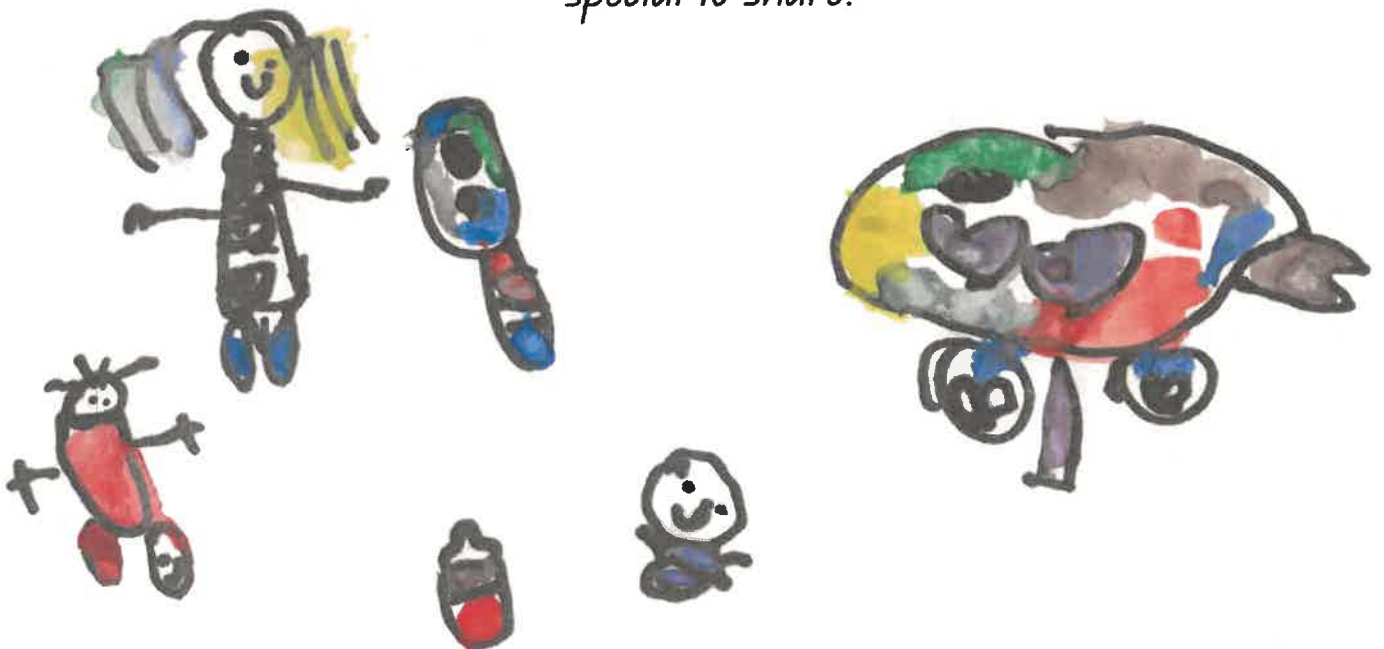
\* while we do provide sunscreen and food, you may like to bring your own.

# Toys and

# Treasures

We know you have lots of special toys and treasures at home. You may like to bring along a comfort toy especially for rest time. Because we have lots of toys to play with here, you can leave your special toys at home to keep them safe.

Sometimes your teacher may introduce Show and Tell, they will let you know when it is your turn to bring something special to share.

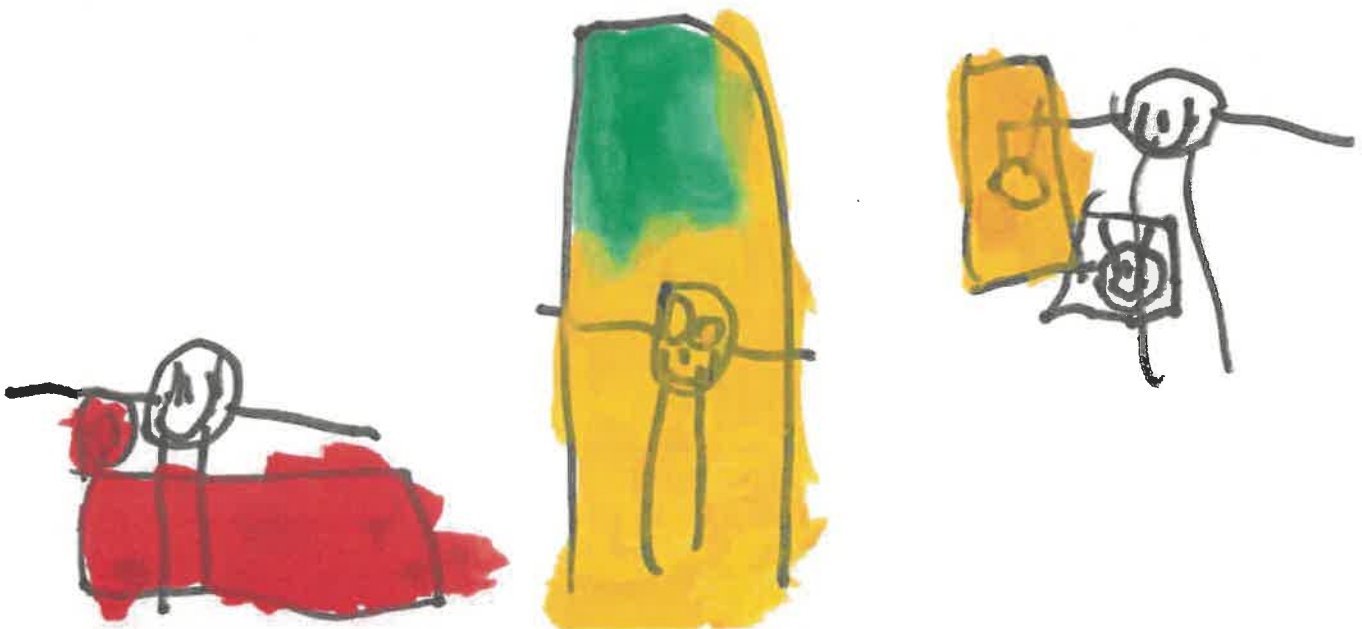


Rest and

Relaxation

We have lots of fun activities planned throughout the day and because we are so busy, your body and brain may need a rest. After lunch time is a good time to have a rest.

If you are feeling tired, we will provide a comfortable space for you to lay down on a bed or a cushion. You may like to just rest, read a book or have a little sleep.



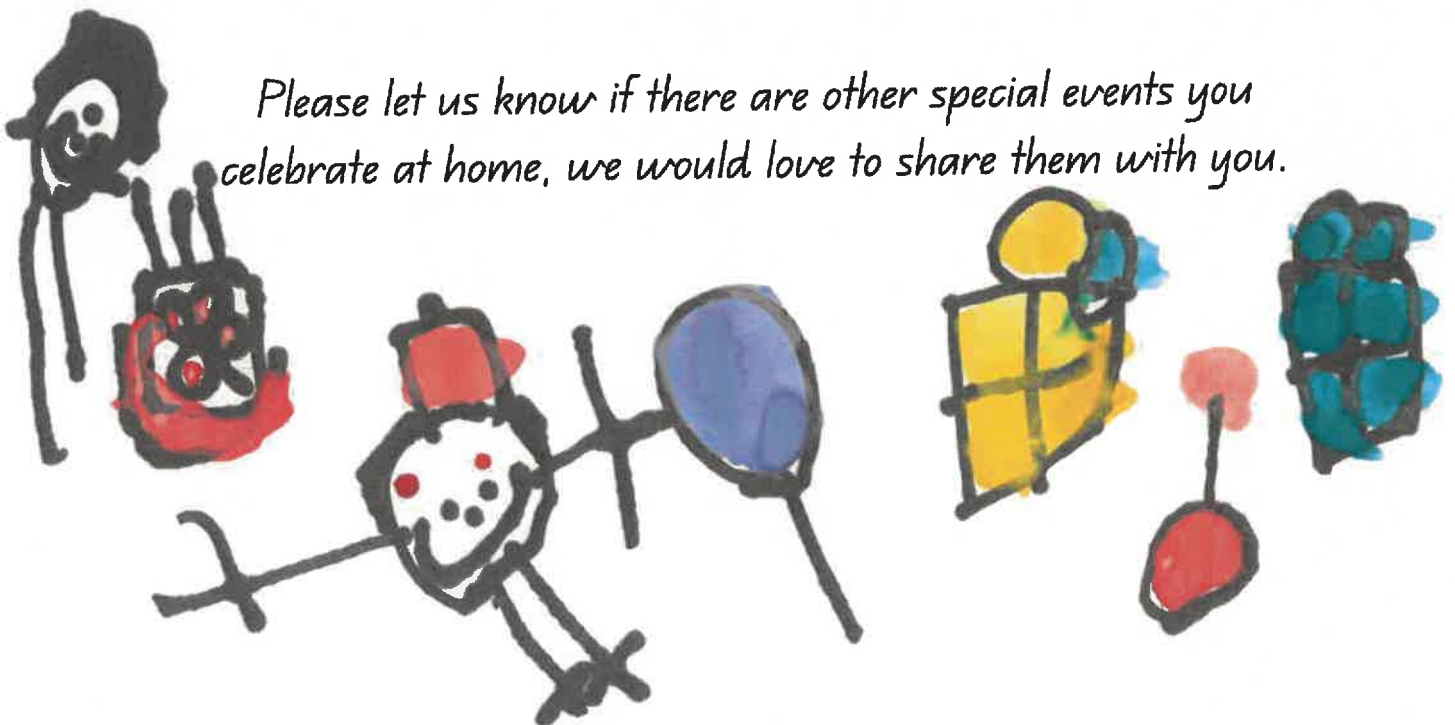


# Celebrations and Parties

We love celebrating the things that are important to you and your grown-ups. This may include your birthday and other meaningful events.

Your birthday is a very important day. We would love to celebrate with you. You may like to bring some yummy food to share or we can prepare some cupcakes here. We will need to chat with your grown-ups about the ingredients in your food to ensure your friends who have allergies can be included.

Please let us know if there are other special events you celebrate at home, we would love to share them with you.



CONNA GET

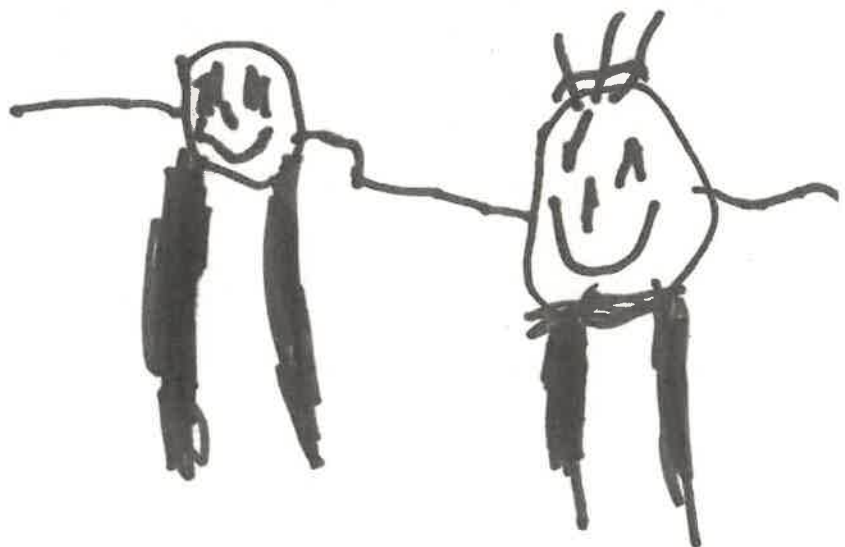
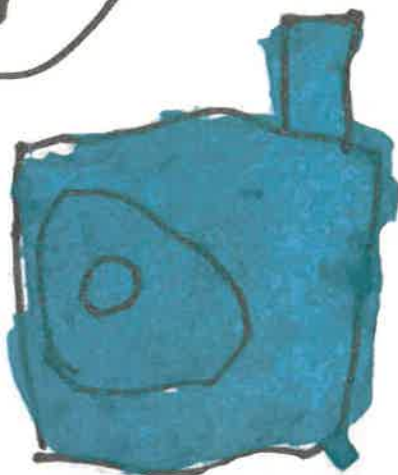


We like to take photos of you to share with your grown-ups on our app, so they can see what you are doing throughout the day. If you don't want us to take your photo, that is okay. We will always ask you first.

There may be other things you don't want to do too, and that is okay.



Your voice matters.

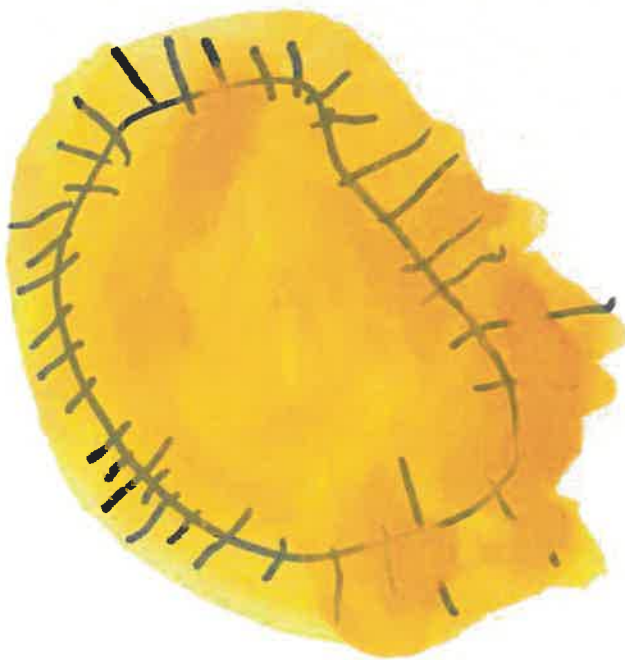


SUN

29 7 9 + 7

We love outdoor play! It is very good for your body and wellbeing to be active outside.

To protect your skin from the sun, you will need to wear a hat, sun safe clothes and sunscreen.



Bonah

Kindy

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Our day may sometimes involve taking a trip somewhere else. This might be an excursion to a special place in our community such as the museum and/or the library.

When you are older and in Kindy, you will be invited to participate in our Bush Kindy program. Lake Annand is just around the corner and this will be your second classroom.



# Health and well being

While you are here, it is very important to us that you are safe and well. We will provide safe activities for you but if you do get hurt, we can help you. It is very important that you tell us if you are hurt or feeling unwell.

If you start to feel sick while you are here, we will call your grown-up and let them know. You may need to go home.

If you are sick, you will need to stay home until you are well again. This is important to stop any germs from spreading to your friends.



Hazel

Who is Hazel?

Hazel is our centre dog. She has been coming to our centre since she was a little puppy. Hazel loves to meet new people and we can introduce you to her when you are ready.

Hazel understands that sometimes it takes time to feel comfortable and safe when you meet new pets.

When you are ready, Hazel loves to play in the playground, listen to your stories and can cheer you up if you are feeling sad.



We are

# Bucket + Friends!

We all carry around an invisible bucket that contains our good thoughts and feelings about ourselves. We want you, your friends and teachers to go home with a bucket full of good memories and feelings each day. You can help to fill another person's bucket by showing kindness and playing fair.



# children's council



Your voice is very important. We might ask you to be a part of a special meeting called a 'Children's Council'. We gather together and talk about things that are happening at our centre.

If you don't feel like a yarn, you can draw your thoughts instead.

This will help us plan the things you want to see here.

We will ask you if we can share your words and drawings with our wider community.





# GOODBYE RITUAL

A ritual is something you always do the same that is very special to you. We know it can be very hard to say goodbye to your grown-up in the morning - you love them very much!

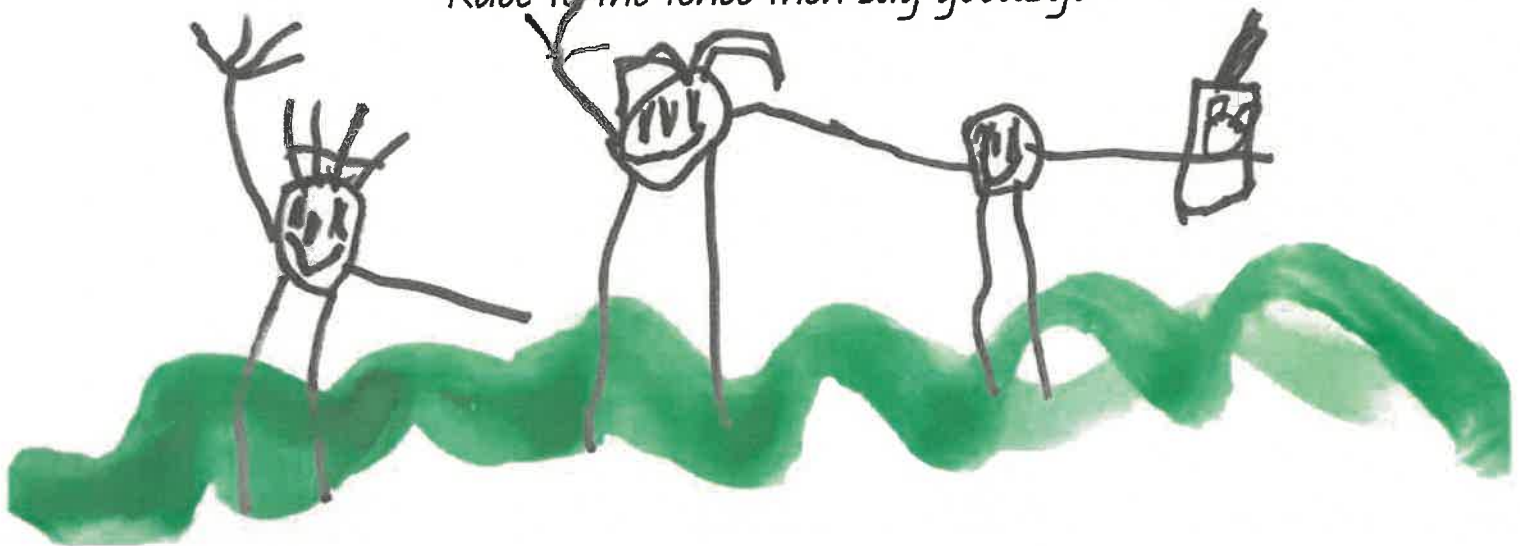
You and your grown-ups can create a ritual to do when you are ready to say goodbye. You might come up with your own special one, but here are some fun ideas that some of our children already do...

Do one lap of the obstacle then say goodbye

Read one story then say goodbye

Find a special educator then say goodbye

Race to the fence then say goodbye



# Child Complaint Process

If you are unhappy about something that has happened at the centre, you have a right to be heard. This means that grown-ups will listen to you and take what you say seriously.

The first thing to do is to tell a grown-up what makes you feel safe. This might be an educator in your space, Nicole in the office or your grown-ups at home (who can come and talk to us on your behalf).

Everything that you say to us is taken seriously and will be kept confidential (which means only people who have to know, will know).

Your educators will then investigate, which means they will ask questions and get further information.

Sometimes you might just want to share your feelings and other times you might want to make sure change happens.

