

Critical Reflection Template

Identify one area from your program or practice this week that you would like to reflect on and learn more about with the aim of contributing to your professional and personal development.

Prompts: Why do you do it that way? How does this practice improve outcomes for each child? Why did I respond that way? What may have been impacting me at the time? How did I feel? How did the child respond? How does the practice advantage children? Could this practice be improved?

Where could I find more information and learning that relates to this area. Who could I talk to for support?

How will I implement this learning in my programming?

What action did I take and was it successful?