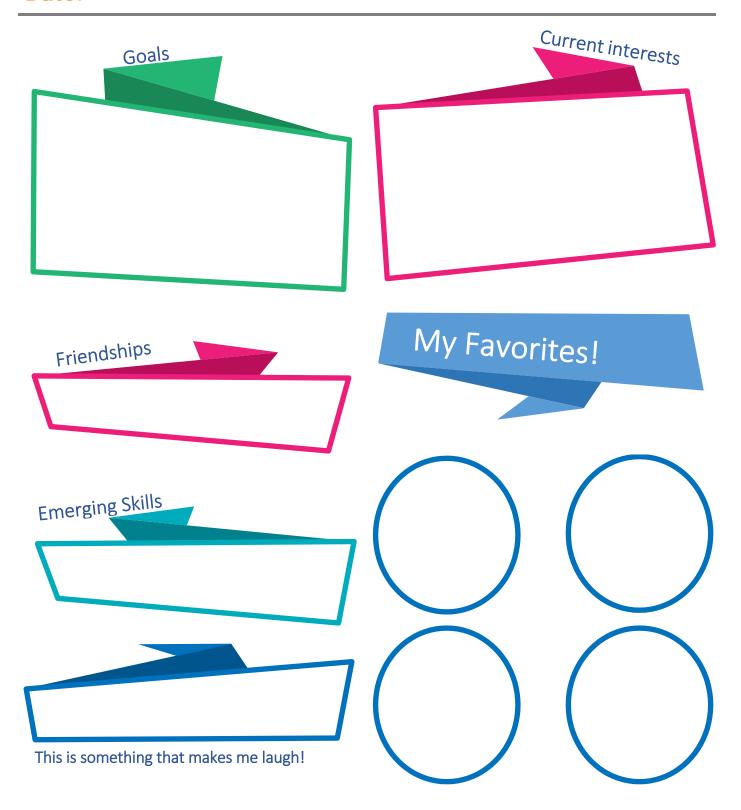
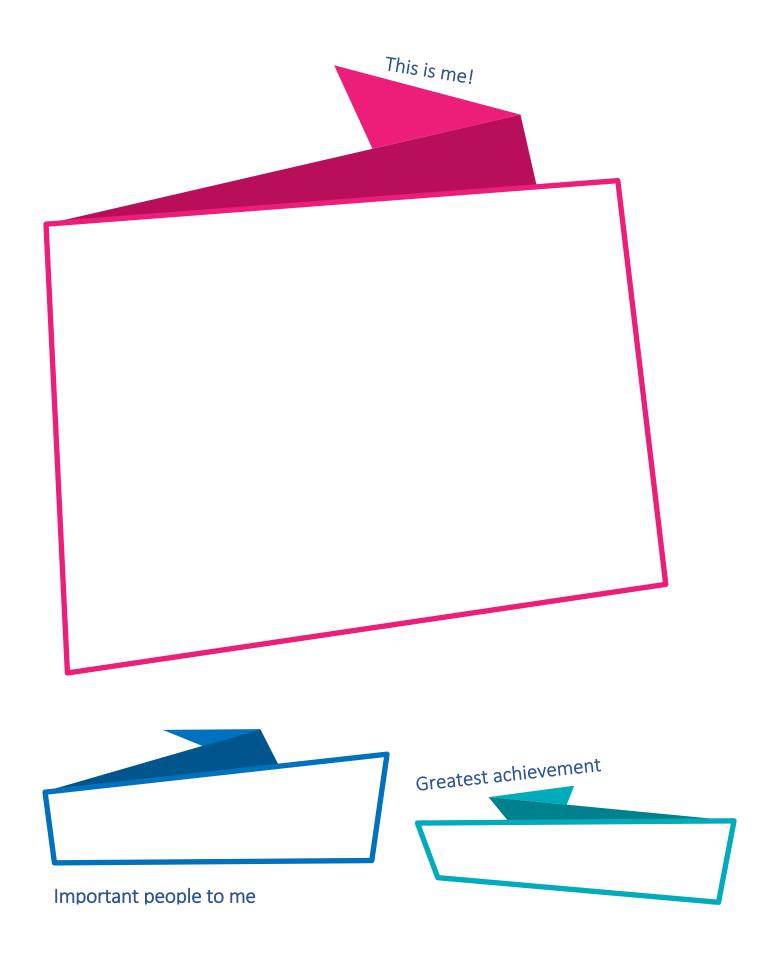


Date:





Observations of developmental milestones help educators assess where each child is in terms of their physical, cognitive, social, and emotional development and are designed to recognise the things that children can accomplish. This information can guide Educators in tailoring their activities and interactions to support each child's individual needs and abilities. Educators should complete these assessments for each child every 6 months.

Developmental milestones and the EYLF/NQS **Birth to 4 months**

DEVELOPMENTAL AREA	OBSERVE	EXAMPLES OF LINKS TO EYLF/NQS
Physical	 □ moves whole body □ squirms, arms wave, legs move up and down □ eating and sleeping patterns □ startle reflex when placed unwrapped on flat surface/when hears loud noise □ head turns to side when cheek touched □ sucking motions with mouth (seeking nipple) □ responds to gentle touching, cuddling, rocking □ shuts eyes tight in bright sunlight □ able to lift head and chest when laying on stomach □ begins to roll from side to side □ starts reaching to swipe at dangling objects □ able to grasp object put into hands 	a strong sense of identity - Children develop their emerging autonomy, inter-dependence, resilience and sense of agency. E.g. "display delight, encouragement and enthusiasm for children's attempts." (p.22) NQS: Areas I, 2, 3, 5, 6
Social	 □ smiles and laughs □ makes eye contact when held with face about 20cm from face of adult looking at them □ may sleep most of the time □ alert and preoccupied with faces □ moves head to sound of voices 	EYLF Outcome 3: Children have a strong sense of wellbeing - Children become strong in their social and emotional wellbeing. E.g. "promote children's sense of belonging, connectedness and wellbeing." (p.31) NQS: Areas 1, 4, 5, 6
Emotional	 bonding cries (peaks about six to eight weeks) and levels off about 12-14 weeks cries when hungry or uncomfortable and usually stops when held shows excitement as parent prepared to feed 	EYLF Outcome 4: Children are confident and involved learners - Children resource their own learning through connecting with people. E.g. "provide opportunities and support for children to engage in meaningful learning relationships." (p.37) NQS: Areas 1, 5, 6

Developmental milestones and the EYLF/NQS Birth to 4 months continued

DEVELOPMENTAL AREA	OBSERVE	EXAMPLES OF LINKS TO EYLF/NQS
Cognitive	 □ smiles and laughs □ looks toward direction of sound □ eyes track slow moving target for brief period □ looks at edges, patterns with light/dark contrast and faces □ imitates adult tongue movements when being held/talked to □ learns through sensory experiences □ repeats actions but unaware of ability to cause actions 	EYLF Outcome 4: Children are confident and involved learners - Children transfer what they have learned from one context to another. E.g. "Develop ability to mirror, repeat and practice the actions of others, either immediately or later." (p.36) NQS: Areas 1, 3, 4, 5, 6
Language	 □ expresses needs □ cries □ when content makes small throaty noises □ soothed by sound of voice or by low rhythmic sounds □ imitates adult tongue movements when being held and talked to □ may start to copy sounds □ coos and gurgles 	effective communicators - Children interact verbally and non-verbally for a range of purposes. E.g. "engage in enjoyable interactions with babies as they make and play with sounds." (p.40) NQS: Areas 1, 3, 5
Seek advice if:	 □ is floppy or stiff □ cries a lot □ arches his/her back □ is not responding to sounds □ is not showing interest or responding when played with □ is not feeding as expected □ is not starting to make sounds □ is not responding to familiar faces 	NQS: Areas 1, 2, 6, 7